Client F is a 33-year-old man from Iran, who accessed support to get more involved in the local community, explore volunteering opportunities, and build new social connections. At the time of joining the session, they were looking for a welcoming space to stay active, meet new people, and engage with local initiatives.

During their involvement in the community tennis program, Client F actively participated in all drills and exercises, treating the session as both a great physical activity and a platform for social interaction. They fully engaged with other attendees, using the opportunity to chat and introduce themselves to new people.

Through the session, Client F achieved significant personal development and social outcomes. They successfully learned the foundational basics of tennis, noticeably improving their skills and gaining self-confidence in playing the sport. Additionally, they established meaningful new friendships, helping reduce social isolation and fostering a stronger sense of community belonging.

Client F expressed great enthusiasm for the program, sharing that the session was fun and asking to attend future tennis events. They also expressed interest in giving back by assisting as a volunteer in upcoming sessions, demonstrating a complete and positive cycle of community integration.