

Case studies J & N

J, 20, University student

J is a new university student who has just recently come to the UK. She initially signed up to volunteer as a way to gain some work experience and expand her connections in the working world. J found the park to be a beautiful place and ended up making some friends and decided to commit to the park weekly, dedicating her time and effort into improving the park. J is an avid bird watcher and loves the various types of birds that frequent the park. This is one of the main reasons she comes to the park, its naturally undisturbed wildlife that can be difficult to find within a busy city. It provides a welcome distraction to the rigours of academia and constant bombardment of the online world. A chance to disconnect from the grid and take some time for herself, improving the park a little each time she comes.

J has learned many things since joining the park rangers as previously they did not have much experience working in outdoor environments. She has worked on some important projects in the park, such as the composting bins, in which she provided valuable help and knowledge. J has emphasised how much she has enjoyed her time at the park and the valuable experience the work has given her. The park has provided a positive effect on J and in return the park has gained a valuable member who continues to be terrific.