



'70/100'

Recycling Workshop: Sandra

Sandra is an international student who attended a recycling workshop on 18th March 2023 organised by ICOS under '70/100' project funded by Jubilee/ National Lottery Community Fund. The workshop aimed to raise awareness of proper recycling practices and the impact of plastic waste on the environment. Sandra's participation and motivation to volunteer provided valuable insights into the effectiveness of such initiatives in promoting environmental consciousness and community engagement.

Sandra discovered the volunteering opportunity through ICOS's Facebook page and remained connected through ICOS group on WhatsApp due to her prior volunteering experience. ICOS utilise social media platforms to communicate event details and engage potential volunteers.

Sandra's decision to volunteer came from her desire to take a break from academic stress and engage in meaningful activities. The workshop provided her with an opportunity to have fun, interact with others, and contribute to both the environment and the community simultaneously. Sandra actively participated in the recycling workshop, where she gained valuable knowledge about effective recycling techniques and the importance of waste management.

The workshop enabled Sandra to learn about the effects of plastic waste on the environment. She learned about the significance of reducing, reusing, and recycling to minimize the ecological impact of waste. Sandra also acquired practical skills in segregating recyclables effectively, contributing to the sustainability efforts of her community. She can now inspire other individuals to adopt sustainable practices and contribute to a cleaner, greener future.