



Leeds  
Community  
Foundation



### **‘My Progress into STEM’**

Female (polish nationality), long-term unemployed, because of childcare. Before her son was born she was employed. She came to ICOS after a few years of being economically inactive to back on track with employment and also wanted to change her career path. Based on the information the project worker received during the first appointment about her high qualifications, she received advice and all the necessary information what she could do to progress further. She has studied English philology at the University in Poland, so her English language was really good. ICOS staff decided to organise a meeting with National Career Service Advisor. The subject of the meeting was: ‘How to create a CV? How and where to apply for a job, and How to retrain in a different sector?’ during the meeting the National Career Service advisor focused on individual client cases.

The client was thinking about starting a new career in pharmacy and she was also interested in a professional interpreting role. The project worker spoke with the headmistress in a Polish school and recommended her for a teacher position. The client got the job and entered employment as a teacher, but only part-time, so in the meantime, she was thinking to get some training in other professional roles such as interpreting, so the project worker has done some research about training and courses which might interest the client for further self-development. The client has registered for an interpreting course which will be one step forward to starting a new career.

The ICOS staff is in touch with the client about her progress and if she needs any future help.