



RISE.

Case Study - Together Fund

Damian

Damian (from Poland) came to the UK in 2012 and currently resides in Newcastle upon Tyne. He learned about ICOS Sports from ICOS's ads on Facebook. Damian was interested in our sports activities, especially Air Rifle Shooting, so he joined our group in March 2022.

He has so far participated in the activity three times, but his impression of our work was so great that he decided to help us to recruit new people who, like him, took part in the Shooting section of the project.

Damian told us that this was the first time he had explicitly looked for other groups of this type. However, he had never met an organisation delivering such activities in the area where language and culture was not a barrier.

"Honestly, I haven't heard of any other projects of this type, and it's an excellent idea. Most of us want something to do during the weekend or in our spare time- for ourselves or our family. Many of the ICOS Sports activities are for families, so I applaud the initiative and will gladly join new games activities."

When asked if he thought the organisation was doing something positive for the area, he replied:

"Yes, people after covid lockdowns become very strange. Your organisation shows people how to return to everyday life through multiple sports sections and activities where people can join and stop thinking about their problems. I can also meet many interesting friends"

Damian also stated that he gained too much weight due to the coronavirus, and membership in our group (ICOS Sports) gave him a new mobilisation to lose unnecessary kilograms.

In addition to Air Rifle Shooting, he wants to try other activities.

"I'm also interested in motorsports, football and volleyball. When I am in a better physical condition, I'll join to above sections".

During the Air Rifle Shooting session, Damian joined our financing project and signed up for another activity in November (Go-Karting activity - Motosport Section).

